

සුඡා පානදුරේ චන්දරතන ස්වාමීන්වහන්සේ විසින් පවත්වන වැඩසටහන්

Dhamma Programs conducted by ven Panadure Chandaratana thero

Date	SL Time	Link and More Details
ඉරිදු ධර්ම දේශනාව සහ කමටහන් සාකච්ඡාව (Sinhala)	7.00 am - 9.00 am	<a href="https://us02web.zoom.us/j/88289515672?pwd=MS83TFRPUHY5bWFhVGY5M1k2c1ZoZz09">https://us02web.zoom.us/j/88289515672?pwd=MS83TFRPUHY5bWFhVGY5M1k2c1ZoZz09</a> Meeting ID: 882 8951 5672 Password: 171717  Old Recordings: <a href="#">link</a> On YouTube: <a href="#">link1</a> <a href="#">link2</a> Organizers: <a href="mailto:AusBhavana@gmail.com">AusBhavana@gmail.com</a>
Sunday Mindfulness for Young Adults (English)	1.30 - 3.30 pm	<a href="https://us02web.zoom.us/j/83481674559?pwd=Ry9CWW44SStqVUM2WEEdEVWhYZHhCUT09">https://us02web.zoom.us/j/83481674559?pwd=Ry9CWW44SStqVUM2WEEdEVWhYZHhCUT09</a> Meeting ID: 834 8167 4559 Password: 030785  Old Recordings: <a href="#">link</a> On YouTube: <a href="#">link</a> Organizers: <a href="mailto:mindfulnessforyoungadults@gmail.com">mindfulnessforyoungadults@gmail.com</a>
Wednesday Sutta Teaching (English)	7.00 am - 8.30 am	<a href="https://us02web.zoom.us/j/6957443611">https://us02web.zoom.us/j/6957443611</a> Meeting ID: 695 744 3611 Password: 642885  Old Recordings: <a href="#">link</a> On YouTube: <a href="#">link1</a> <a href="#">link2</a>
Every last Saturday Clarity of Mind through Mindfulness (English)	6.30 am - 7.30 am	<a href="https://docs.google.com/forms/d/e/1FAIpQLScHZbb5wl-VXtrbzJWdPPQSAmpwV_wrtd0Yg1JsEjhBeelOg/viewform">https://docs.google.com/forms/d/e/1FAIpQLScHZbb5wl-VXtrbzJWdPPQSAmpwV_wrtd0Yg1JsEjhBeelOg/viewform</a>  Old Recordings: YouTube <a href="#">link</a> Organizers: <a href="mailto:mindfulnessinus@gmail.com">mindfulnessinus@gmail.com</a>